



Dr.R.Rajesh William

M.Phil, M.P.Ed, B.P.Ed, PGDCY.
MD (Acu.)



CONTACT NO:

+91- 95736 14650

ADDRESS:

2/401, Shollurmattam,
Kotagiri, The Nilgiris - 643216.
Tamil Nadu.

Email id: williums@gmail.com

EDUCATION



OBJECTIVE:

“To work in a challenging and responsible position where my professional background can be utilized for the progress of the organization and update myself with the latest technologies, so as to enable myself to establish in future”

EDUCATIONAL QUALIFICATION

Ph. D. – Doctor of Philosophy: Physical Education

Research Center	Y.M.C.A.College, Chennai.
University	TNPESU, Chennai,TN.
Awarded	2022

Post Graduate – Master of Philosophy: M. Phil.

Institution	Y.M.C.A.College, Chennai.
University	TNPESU, Chennai,TN.
Year	2009 – 2010
% of Marks	74.5% (First Class)

Post Graduate: -Master of Physical Education: M. P.Ed.

Institution	Y.M.C.A.College, Chennai.
University	TNPESU, Chennai,TN.
Year	2007 – 2009
% of Marks	74.17 % (First Class)

Under Graduate – Bachelor of Physical Education: B. P.ED.

Institution	Y.M.C.A.College, Chennai.
University	TNPESU, Chennai,TN.
Year	2006 – 2007
% of Marks	74.3% (First Class)

Undergraduate –Bachelor of Science in Physical Education: B.Sc.

Institution	M.D.T.Hindu college, Tirunelveli.
University	Manonmaniam sundaranar university, Tirunelveli.TN.
Year	2003 – 2006
% of Marks	64.03 % (First Class)

H. Sc: Higher Secondary Board Exam

Institution	St. Mary's Hr.Sec.School, Tirunelveli.TN.
Year	2003
% of Marks	71 %

SSLC: Secondary School Exam

Institution	St. Mary's Hr.Sec.School, Tirunelveli.TN.
Year	2001
% of Marks	79.4 %

- Qualified for **UGC-NET Examination** held in **June, 2012**.
- Qualified for **UGC-SET Examination** held in **Aug, 2011**.
- Worked as **Director – Physical Education** in **Manipal Academy of Higher Education** (Deemed to be University – Ranked NIRF 3) Bengaluru (2022-2025).

SKILLS & EXPERIENCES



- Worked as **Director of Physical Education** in **Madanapalle Institute of Technology & Science** at Madanapalle, Andhra Pradesh. **(2015 – 2022)**.
- Promoted **Sachin Tendulkar's & Virendra Sehwag's** Sports Education initiative: India's First Scientific Sports Education Programs for students in schools(**SportsMentor**).**(2013 - 2015)**.
- Worked with the **International Olympic Committee (IOC)** accredited **AISTS: 'Balanced Report Card Program'** which has Sports Sciences as the crux for a holistic Sports Education curriculum. **(2010-2015)**.

CERTIFICATE COURSES

- **NPTEL** online certification - Fundamentals of Sports Training, Load Management and Recovery - **2025**
- **FIFA** organized **Grassroots Program, 2014**.
- **ACSM**(American College of Sports Medicine) Certified Personal Trainer, **2014**.
- Post Graduate Diploma course in **YOGA, 2014**.
- **FITNESS MANAGEMENT**
- **GYM INSTRUCTOR**
- **ORIENTATION AND MOBILITY SCIENCE**
- **DIPLOMA IN ACUPUNCTURE THERAPY, 2010**.
- **MD IN ACUPUNCTURE THERAPY, 2011**.

JOURNALS

- SCOPUS** - "Journal of Physical Education and Sports". ISSN 22478051, 2247806X
- Journal of Physical Education and Sport® (JPES), Vol. 25 (issue 3), Art 51, pp. 469 - 478, March 2025, ISSN: 2247 - 806X **(2025)**
 - Physical Education Theory and Methodology, 25(4), 787-793. ISSN - 1993-7997. **(2025)**
 - International Journal of Human Movement and Sports Sciences, ISSN: 2381-4403. **(2025)**
 - African Journal of Biomedical Research, Vol. 27 No. 15 **(2024)**: September Issue 1870-1873
 - International Journal of Health Sciences. ISSN 2550-6978E-ISSN 2550-696X© **(2022)**.
 - R.Paper 1 - Online International Interdisciplinary Research Journal (OIIRJ) ISSN No. - 2249-9598 **(2019)**
 - R.Paper 2 - Online International Interdisciplinary Research Journal (OIIRJ) ISSN No. - 2249-9598 **(2019)**
 - International Journal of Physiology, Nutrition and Physical Education (IJPNPE) ISSN No. -2456-0057 **(2019)**
 - Asian Journal of Multidimensional Research (A J M R) ISSN No. - 2278-4853 **(2018)**

PERSONAL PROFILE:

Date of Birth : 17.11.1985
Gender : Male
Civil Status : Married
Spouse name : J.Christina Raichel
Kids : 2
Languages
Known : Tamil, English
Basic : Telugu, Kannada

SPECIALIZATION:

- Football
- Volleyball
- Athletics

AREA OF INTERESTS :

- Basketball
- Cricket
- Badminton
- Tennis
- Swimming
- Table Tennis

AREA OF INTERESTS :

- Gym & Fitness
- Aquatic exercise
- Acupuncture
- Aerobic Dance
- Orientation and Mobility
- Yoga
- Pyramid
- Indigenous activity

ADDITIONAL QUALIFICATION

- First Aid
- Acupuncture Therapy
- Acupressure
- NCC
- NSS

INTERNATIONAL CONFERENCE/SEMINARS

- 11th **ACPES** International Conference, 01th -03th Oct 2025, Mindanao State University-Iligan Institute of Technology, **Philippines**.
- 10th **ACPES** International Conference, 18th -20th Sep 2024, Universiti Teknologi MARA, **Malaysia**.
- International Conference on Physical Education and Sports Sciences, **ICPESS 2023**, Nov 1-3, Manipal University, Jaipur.
- International Conference on Recent Advances in Physical Education, Fitness and Sports Science – 7th & 8th Jan 2023. Palamuru Uni. TS.
- **Paper – I AVANT – GARDE**,18th May 2019, Bengaluru, KA.
- **Paper – II AVANT – GARDE**,18th May 2019, Bengaluru, KA.
- **Sports: An Integral Component of Nation-Building**, 19th & 20th Feb 2019, Bengaluru, KA.
- **ICRS** - International Congress on Renaissance in Sports – Strategies, Challenges and Choices, 06th – 10th Jan **2019**, Trichy, TN.
- **Paper – I ICSVMAPO** - 16th & 17th March **2018**, Karaikudi, TN
- **Paper – II ICSVMAPO** - 16th & 17th March **2018**, Karaikudi, TN
- **BISEN** - Bridging Innovations in Sports, Education and Nutrition, 08th & 9th February **2018**, Coimbatore, TN.
- **SCITC 2017** - Sports Culture in 21st century, 29th & 30th December **2017**, Visakhapatnam, AP.

NATIONAL CONFERENCE/SEMINARS

- **Paper I CONSIG 2020** – Science in Sports, 21st & 22nd February **2020**, Coimbatore, TN.
- **Paper II CONSIG 2020** – Science in Sports, 21st & 22nd February **2020**, Coimbatore, TN.
- **A Life of Wellness Food Habits and Yoga in Vogue**, 11th & 12th January **2018**, Ernakulam, Kerala.
- state level Seminar on Training Methods (**Kettle bell**) (**2009**)
- Experimental Training program on **SPORTS FOR A BETTER LIFE.** (**2009**)

AWARDS

- **Best paper presentation award** -11th **ACPES** International Conference @ **Philippines- 2025**
- **Best poster presentation Award** - **CONSIG** – 21st & 22nd February **2020**, Coimbatore, TN.
- **Best poster presentation Award** - **BISEN** - 08th & 9th February **2018**, Coimbatore, TN.

Webinars – >20

FDP / WORKSHOPS / CLINICS

- UGC Sponsored **Refresher Course** **MK University** Madurai. TN. **2023**.

TECHNICAL QUALIFICATION

- MS Office
- Typewriting
- (Grade 3) Football Official
- Kabbadi official

COMPETENCIES



- **FDP_ AICTE Sponsored Two weeks_National level_JNTUK, Kakinada, AP_2022.**
- **FDP_AICTE Sponsored Two weeks_National level_NBKRIST, Nellore, AP_2022.**
- **FDP_Statisticsl Analysis Using SPSS_Periyar University_2021.**
- **FDP_Experimental Teaching-Corporate Cognizance_SRCAS_2021.**
- **FDP_Rejuvenation of Body, Mind and Soul_Ethiraj College_2020.**
- **FDP_Yoga at home & Yoga with family_Dr.MGR ERI_2020.**
- **FDP_Sports Training_Dr.MGR ERI_2020.**
- **FDP_Human Kinetics_Dr.MGR ERI_2020.**
- **FDP_Injury Free Sports: Do's & Don'ts_ANJAC_2020.**
- **Volleyball clinic organized by TNPES University. Chennai.**
- **Personality Development & Communication Skills Clinics at YMCA.**
- **Soft skills development clinic.YMCA.**
- **Workshop about the physical education in primary schools (YMCA).**
- **Workshop on "Emerging needs and application of biomechanics in sports & games". 2010.**

UNIVERSITY TEAM MANAGER

- **MAHE Manipal_Table Tennis_ VIT Vellore, TN (2024-25)**
- **MAHE Manipal_Table Tennis_ Tamil Nadu Dr.Ambedkar Law University, TN (2023-24)**
- **MAHE Manipal_All India Cross Country_ Presidency University, KA (2023-24)**
- **JNTUA -AP_ HANDBALL (Men) Alagappa University, TN. (2015-16)**
- **JNTUA -AP_ KABADDI (Men) Kuvembu University, KA. (2015-16)**
- **JNTUA -AP_ VOLLEYBALL (Women) University of Calicut, KL. (2016-17)**
- **JNTUA -AP_ FOOTBALL (Men) Pondicherry University, PY. (2018-19)**
- **JNTUA -AP_ KHO-KHO (Men) Kuvembu University, KA. (2019-20)**

COACHING EXPERIENCE

- **Head Football coach in EBENEZER INTERNATIONAL SCHOOL at BANGALORE. KA (2010-2011).**
- **Head Football coach in K'SIRS INTERNATIONAL SCHOOL at COIMBATORE. TN (2011-2012).**
- **Head Football coach in WHITEFIELD GLOBAL SCHOOL at BANGALORE (2012 - 2013). KA**
- **Operational Manager at Sehwaq International School in Haryana.**

LEADERSHIP QUALITY EXPERIENCE

- **MAHE Bengaluru_Shri.T.A.Pai memorial Football Tournament_2023**
- **MAHE Bengaluru_Ballers league_Basketball Tournament_2023**
- **ASHV - The Race of Talent_ National level Sports event organiser for the year 2015 – 2022 at MITS College.**

Referees-

[Dr. S.Glady Kirubakar](#)

Professor,

YMCA College, Chennai, TN.

Mob - +91 99404 12283

drsgkpe@gmail.com

[John Chandy](#)

Founder & CEO_CAPSA

Team India - Basketball

Sports Manager – Beijing

Olympics

Yelanka, Bangalore

Mob - +91 99000 20504

johnchandy@capsa.co.in

- Regional & National Level Sports Meet for the ASISC Schools **RESPECT_SportsMentor_(2013-2014)**
- **Tournament Manager** of **VIVA-VIVACIOUS** Football tournament which published into “**LIMCA RECORD OF BOOK**” (2012 – 2013).
- I led KOOH (kids out of home) coaches’ team in **EBENEZER INTERNATIONAL SCHOOL** at **BANGALORE. (2010-2011).**
- **YMCA COLLEGE** team **Captain_Football_2008-2009.**
- **M.D.T HINDU COLLEGE** team **captain_Football_2005-2006.**
- **ST.MARY’S HR. SEC .SCHOOL** team **Captain_Football_2002-2003.**

ACHEIVEMENTS

NATIONAL LEVEL COMPETITION (2 Times) (Form-II)

- **XXVII SUB JUNIOR NATIONAL FOOTBALL CHAMPIONSHIP (GOA)-2004**
- **JUNIOR NATIONAL FOOTBALL CHAMPIONSHIP (U.P)-2005**

UNIVERSITY LEVEL COMPETITION (5 Times) (Form-III)

- Represented **Manonmaniam Sundaranar University, Tirunelveli, TN** in the game of football (2003-2006).
- Represented **Tamil Nadu Physical Education and Sports University, Chennai, TN** in the game of football (2006-08).

INTER COLLEGIATE LEVEL TOURNAMENTS

- Represented **YMCA College** in the game of **Football** in **TNPESU Intercollegiate** Tournament - **Winners.(2006-07 and 2007-08).**
- Represented **YMCA College** in the game of **Football** in **Inter Physical Education Tournament - Winners (2007-08 & 2008-09)**
- Represented **M.D.T Hindu College** in the game of **Football** in **Inter B.Sc. Physical Education tournament – Runner-up. (2005-06)**
- Represented **M.D.T Hindu College** in the game of **Handball** in **inter B.Sc. Physical education tournament – Runner-up (2004-05).**

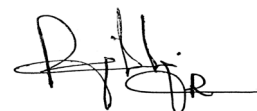
CLUB MATCHES

- Represented for **FOOD CORPORATION OF INDIA (FCI)** in the Chennai Football League and became the champions of **1st division** and promoted the team to **Super Division. (2009)**

DECLARATION :

I do hereby declare that the particulars of the information and facts stated herein above are truly correct and complete to the best of my knowledge and belief.

Yours Sincerely,



(Dr.R.Rajesh William.)

Date : 12/12/2025

Place : Chennai